

## FIRE CEREMONY

- Purpose:** Purification (cleansing) of a physical indoor space (home or office).
- Supplies:** Small **metal** pan (ex: pie pan, small iron skillet) glass pan might crack  
Epsom salts; enough to cover 3/8" of the bottom of the pan  
Rubbing alcohol; enough to coat salts  
Hot pad or towel  
Large spoon (I prefer wooden)  
Matches; not lighter (I prefer wooden)
- Setup:** Close all outside doors and window. Open all inside doors including the one to the garage, providing the outside garage door is closed. This ceremony ideally will be done on each floor of the house or office including the basement.
- Start on the main floor. Place the pan on the hot pad in the approximate middle of the space on the floor. Put 3/8" Epson salts in the pan and cover with rubbing alcohol. Strike the match and toss in the pan. It will **not** explode. It will take off slowly and gently. I have never had anything catch on fire.
- Ceremony:** Say a prayer to the four directions, the elements of fire, water, earth and air. Speak to the Spirits that live around and protect that space. Ask for what you want for that space (i.e.: protection, negativity to be gone, light, love, etc.). Sing songs or chants. Do whatever feels appropriate to do. It is extremely important that you **stay with the fire until it is finished**. In this way, it is the same as smoking a pipe. You're asking for Spirit to honor you and your space; honor Spirit by staying with the fire until the fire has completed the process.
- Closing:** Thank Spirit for the support it has offered. Ask that you make call on Spirit again when needed. Let the pan cool until you can handle it with the towel or hot pad. Take it to the nearest toilet. Put tap water in the pan, break up the used salts with the spoon and pour it into the toilet. Keep rinsing and pouring until the pan is cleared. Flush the toilet. This takes the healing into Mother Earth and finishes the ceremony.
- Notes:** The ceremony should be repeated on each floor. To hold ownership and protections of the space, the fire ceremony can be followed by an ownership ritual. The fire ceremony can also be done room by room or for a special area in a home or office. And can be repeated as often as needed. If you have an office in your home with a lot of client contact, you may want to do this as often as once a week in the office and once a month for the whole house. Some people like to do this ceremony on the full moon or the quarters, Equinox and Solstice. Others prefer the cross quarters or just when your space needs cleansing.